



Alliance Life Management presents...

SHAPE

Family Development Program

Piscataway
Municipal
Alliance
To register please call
732-562-2375
or email
mthompson@piscatawaynj.org



Free
4-Week Program
Parents/Caregivers &
Youth Ages 10-18
(Meal Included)

**March 7th, 14th,
21st. and 28th**

TOPICS

Parent-Child
communication
Skills

Family Vision and
Goal-Setting

Family Roles and
Responsibilities

Drug and Alcohol
Awareness

Conflict
Resolution

Sibling
Agreements

Healthy Parent
Relationship

Self-Care for
Mothers and/or
Fathers



Time: 12pm – 3pm
Place: Piscataway Township
Municipal Building
455 Hoes Lane - Piscataway, NJ 08854
Council Chambers